

Risotto...

Risotto al Salmone 15.95

Delicious red pepper risotto served with a fillet of fresh pan-fried salmon and fresh lemon *(g/f)*

Risotto ai Funghi e Pollo 14.95

A creamy risotto made with porcini mushrooms and chicken breast, finished with parmesan cheese *(g/f)*

(v) or *(vg)* no chicken breast *(g/f)* 11.95

Pollo Prosciutto 14.95

Succulent butterfly chicken breast, wrapped with sage and prosciutto, in a white wine sauce, served with sautéed potatoes and fresh tender stem broccoli *(g/f)*

Spigola 17.95

Two pan seared sea bass fillets in a lemon and caper butter sauce served with sautéed potatoes and fresh green beans *(g/f)*

Pasta...

Lasagne

Our fresh hand made pasta baked with finest Pembrokeshire beef, served with a our dressed mixed salad

13.95 Linguine al Nero di Seppia Pescatora 14.95

Fresh squid ink linguine pasta served with king prawns, calamari, shell on mussels, red jalapenos, cherry tomatoes, in our classic tomato sauce *can be (g/f)*

Casarecce al Pollo

Casarecce pasta served with a creamy chicken and mushroom sauce, finished with cherry tomatoes and fresh spinach *can be (g/f)*

13.95 Casarecce Norma 12.95

Casarecce pasta with roasted aubergine, cherry tomatoes, in our seasoned tomato sauce, topped with fresh buffalo mozzarella and basil. *(v) can be (vg) or (g/f)*

Spaghetti Bolognese

Traditional Italian spaghetti served with our homemade classic bolognese sauce *can be (g/f)*

11.95 Fettuccine al Pesto alla Genovese 11.95

Fresh Tuscan style ribbon pasta, served with homemade pesto, green beans and toasted pine nuts *(v) can be (vg) or (g/f)*

Tagliatelle al Salmone

Fresh ribbon pasta served with fresh salmon and spinach in a white wine, cream and caper sauce topped with courgette ribbons *can be (g/f)*

14.95 Spaghetti Pomodoro 9.95

House spaghetti with our classic seasoned tomato sauce *(v) (vg) can be (g/f)*

Sides... *(v) can be (vg) or (g/f)*

Sautéed potatoes

2.95 Rustic pizza bread with tomato and pesto 5.95

Crunchy mixed leaf salad

3.95 Rustic garlic pizza bread 4.95

Fresh green beans or tender stem broccoli

3.95 Cheesy rustic garlic pizza bread with caramelized onions 5.95