

Primi Piatti

Carne - Meat

Lasagne

£13.95

Fresh hand made pasta baked with finest Pembrokeshire beef, served with a crunchy dressed mixed salad

Conchiglioni al Pollo

£13.95

Large pasta shells stuffed with chicken, spinach and tomato in a creamy mushroom and white wine sauce

Spaghetti al Polpette

£10.95

Traditional Italian spaghetti with home-made meat balls in tomato sauce

Carbonara

£12.95

Fresh hand made ribbon pasta with pancetta, mushrooms in a creamy parmesan sauce

Risotto con Piselli e Prosciutto

£12.95

Delicious creamy risotto made with prosciutto and peas and parmesan

We hand make our
fresh pasta with local
free range eggs
and speciality flour
imported from Italy

Pesce - Fish

Spaghetti alle Vongole

Traditional Italian pasta with shell on clams in a garlic and white wine sauce £11.95

Tagliatelle ai Gamberi

£13.95

Fresh homemade ribbon pasta served with prawns, cherry tomatoes and fresh basil

Fettuccine al Salmone

£12.95

A delicious, light salmon dish with fresh hand made ribbon pasta

Risotto al Merluzzo

£13.95

Seasoned pan fried cod and samphire made into a delicious creamy risotto

Verdure - Vegetarian / Vegan

Spaghetti alle Verdure

£12.95

Traditional Italian spaghetti with roasted Mediterranean vegetables in our homemade tomato sauce (v) (vg)

Fettuccine al Pesto alla Genovese

£11.95

Hand made Tuscan style ribbon pasta, served with homemade pesto, French beans and pine nuts (v) can be (vg)

Spaghetti Pomodoro

£9.95

House spaghetti with our classic seasoned tomato sauce (v) (vg)

Risotto Asparagi e Porri

£11.95

A tasty risotto made with sautéed welsh leeks and asparagus (v) can be (vg)

Secondi Piatti

Carne - Meat

Pollo Ripieno £14.95

Chicken breast filled with sundried tomatoes, wrapped in pancetta with a parmesan and mushroom sauce, served with two sides of your choice

Stufato di Agnello £16.95

Spiced Italian lamb stew using welsh lamb served with parmesan mash and a side of your choice

Pesce - Fish

Caccucio alla Livornese £16.95

Italian seafood stew made with mussels, clams, prawns and cod in a rich tomato sauce served with homemade focaccia

Verdure - Vegetarian / Vegan

Funghi e Peperoni in crosta £12.95

Filo pastry stuffed with spiced mushrooms, peppers and tomatoes served with two sides of your choice (v) (vg)

Melanzane e Peperoni arrostiti £12.95

A roasted aubergine and pepper stack layered with pesto and cherry tomatoes, served with homemade focaccia and a side of your choice (v) (vg)

Contorni - Sides

Patate in Padella £2.95

Sautéed potatoes

Funghi Trifolati £3.95

Sautéed garlic mushrooms with parsley

Insalata Mista £3.95

Crunchy mixed dressed salad

Olive £2.95

Marinated mixed olives

Verdure Arrosto £3.95

Roasted Mediterranean vegetables

Pizza Aglio e Olio £3.95

Rustic garlic pizza

Pizza Aglio e Olio e fromaggi £4.95

Cheesy Rustic garlic pizza

Puree di patate al parmigiano £3.95

Creamy parmesan mashed potatoes

All of our dishes are freshly made in house by blending the finest Italian and Pembrokeshire ingredients